

Massage Therapy Medical History Form

Name _____ Date of Birth _____

Address _____

City _____ Province _____ Postal Code _____

Phone Number (____) _____ Work (____) _____

Have you ever received massage therapy? _____

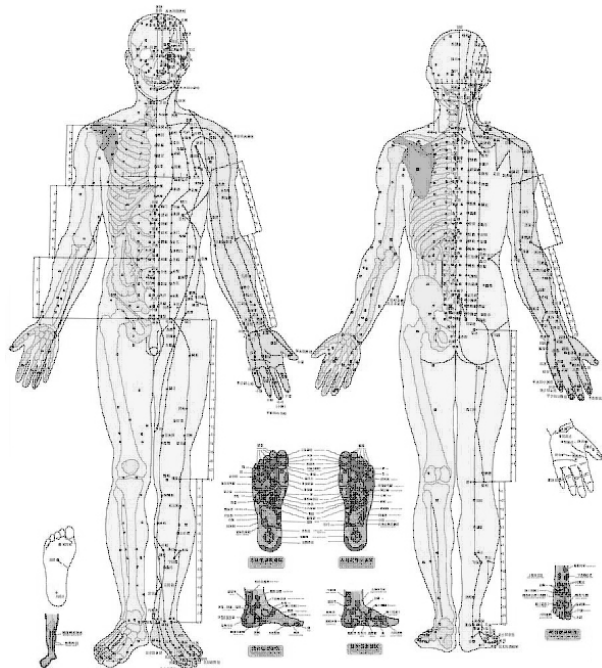
Current Medications: _____

Please check off any you have ever experienced or currently are experiencing:

- | | | |
|---|------------------------------------|--|
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> cancer | <input type="checkbox"/> sprains |
| <input type="checkbox"/> low blood pressure | <input type="checkbox"/> arthritis | <input type="checkbox"/> strains |
| <input type="checkbox"/> poor circulation | <input type="checkbox"/> diabetes | <input type="checkbox"/> constipation |
| <input type="checkbox"/> varicose veins | <input type="checkbox"/> migraines | <input type="checkbox"/> seizures |
| <input type="checkbox"/> inflammation | <input type="checkbox"/> headaches | <input type="checkbox"/> whiplash |
| <input type="checkbox"/> heart problems | <input type="checkbox"/> stress | <input type="checkbox"/> stroke |
| <input type="checkbox"/> blood clotting disorders | <input type="checkbox"/> sciatica | <input type="checkbox"/> skin conditions |
| <input type="checkbox"/> allergies _____ | <input type="checkbox"/> bursitis | <input type="checkbox"/> pregnancy |

Other conditions: _____

Please indicate the area(s) where you are experiencing pain or discomfort:



How long have you been experiencing this discomfort? _____

Please indicate the level of intensity of your discomfort:

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

Any extra information you would like me to know: _____

Please read the following closely, then sign and date.

I understand the massages given are for a therapeutic purpose to relive stress and tension in soft tissue injuries.

I understand that the massage therapist cannot diagnose or prescribe medical treatment. That it is recommended I see a medical doctor for any physical ailment and keep the massage therapist aware of my on-going physical health.

I have stated all known medical conditions and pre-existing conditions and will update, as necessary.

Signature: _____ Date: _____